

Name _____

Date _____

Quiz

Bones & Muscles

True or False? Circle T or F

1. Bones and muscles work together to aid body movement. T or F
2. When using a hammer, a person makes use only of the bones and muscles in his/her arm. T or F
3. Muscles move bones. T or F
4. When a person moves one muscle, other muscles also move. T or F
5. A person does not need a skeleton to hold his/her body up. T or F
6. Cartilage fuses to form muscle. T or F

Multiple Choice: Circle the letter of the best answer

7. Which of the following best explains the function of joints?
 - A. Joints are used to connect muscles together.
 - B. Joints are used to hold the body up.
 - C. Joints can be used to help the body move.
 - D. Joints connect bones and muscles.
8. Which of the following joints allow hips to move in any direction?
 - A. Saddle joint
 - B. Ball-and-socket joint
 - C. Hinge joint
 - D. Fixed joints